

Daventry

Our team have been supporting families in a variety of ways over the past month.

Our Early Years Practitioner, Elaine, recently visited Southbrook Community Centre Stay and Play, where she spent time engaging with local families. She shared practical advice on dental hygiene for young children. Families were also provided with free toothbrushes and toothpaste to help them put these healthy habits into practice at home. These sessions are a great opportunity to raise awareness and to provide families with simple, effective tips to support healthy routines.

Meanwhile, Family Hub Practitioner Becs has been making regular visits to Northampton School. During these sessions, she has been offering a listening ear and a safe space to talk. She has been helping young people feel heard, supported, and more confident in knowing where to turn if they need help.

We're proud to be building strong connections within our communities—making sure families and young people know we are here for them every step of the way.



**CHECK OUT OUR
TIMETABLE**

 <https://www.westnorthants.gov.uk/family-hubs-west-northamptonshire>

 familyhubs@westnorthants.gov.uk

 Family Hubs West Northants

 familyhubs_wn



Towcester

As exam season gets under way, we've been supporting young people by providing a dedicated study space in partnership with the library team. Young people are welcome to drop in and have access to a quiet space overlooking The Watermeadows, with a variety of drinks and staff on hand to offer guidance and encouragement.

It's also been a busy time in Brackley, where our Under 1s Sensory sessions have been so well attended that we've extended them to run for 1.5 hours.

Our space continues to be a hub for partnership working. We have hosted a Youth Co-production Group, SNYE Youth Council and a Young Carers event. It's fantastic to see the hub so busy and full of energy!



Northampton

Welcome to the Team! Last month, we were delighted to welcome our new Family Hub Practitioners, Jo and Ben, who have now settled into the team. They are already making a positive impact, supporting families with children aged 5+ and delivering valuable outreach work across schools and community groups.

Jo brings with her 20 years of teaching experience and is excited to introduce the benefits of outdoor learning into our sessions. Ben joins us with 25 years of experience in childcare, including his work as a SEND Family Support Worker, adding a wealth of knowledge and expertise to the team.

Over the past month, our Northampton team has enjoyed getting out into the community. We've been running sessions in partnership with a number of organisations, including the Camrose Centre, Collingtree Primary School, Northamptonshire Sport, and The Spring Charity, to name just a few.

We're also busy planning ahead for the summer months, so keep an eye out for more information about our popular Family Fun events – coming soon!